

**TO:** Local District Commissioners, Medicaid Directors

**FROM:** Judy Arnold, Director  
Division of Coverage and Enrollment

**SUBJECT:** Medicaid Regional Rates for Calculating Transfer Penalty Periods  
for 2010

**EFFECTIVE DATE:** January 1, 2010

**CONTACT PERSON:** Local District Support:  
Upstate (518)474-8887 New York City (212)417-4500

This is to inform local districts of the year 2010 Medicaid regional rates which must be used to determine a transfer of assets penalty period. This is in accordance with 96 ADM-8, "OBRA '93 Provisions on Transfers and Trusts" and 06 OMM/ADM-5, "Deficit Reduction Act of 2005 - Long-Term Care Medicaid Eligibility Changes." These rates are based on average nursing home costs in each of the seven regions in the State.

The regional rates are:

<b>Region</b>	<b>Monthly Regional Rate</b>
Central	\$7,264
Long Island	\$11,227
New York City	\$10,285
Northeastern	\$7,927
Northern Metropolitan	\$10,163
Rochester	\$9,058
Western	\$7,694

Reminder: Districts must use the rate for the region in which the facility is located. The Attachment to 06 OMM/ADM-2 contains a listing of counties by region.