

#### **NEW YORK CITY DEPARTMENT OF HOMELESS SERVICES**

Procedure Number: DHS-PB-2019-022

Subject:	Applicable To:	Effective Date
Code Blue Procedure	All individuals living on the street, Outreach Providers, DHS Adult and Family Shelter, Intake and Safe Havens, Drop-in Centers, DSS & DHS Security & Staff, DSS Emergency Management, NYPD and other Collaborating City Agencies	October 25, 2019 (Replaces DHS-PB-2019-007)

Administered By:	Approved By:
Adult Services, Family Services, Street	Joslyn Carter,
Homeless Solutions, HERO, Facilities &	Administrator
Logistics, and Emergency Management	Department of Homeless Services

#### I. PURPOSE

This Code Blue procedure describes and directs DHS and DSS operations required to protect individuals living on the street and to prevent injury and death resulting from cold exposure by providing instructions about the following: (1) services provided by Street Homeless Solutions (Outreach, Safe Havens, and Drop-in Centers) and DHS Shelter Operations; and (2) the provision of shelter to individuals "reasonably believed to be homeless and unwilling or unable to find the shelter necessary for safety and health in inclement winter weather" in accordance with New York State Regulation 18 NYCRR § 304.1 ("Emergency Measures for the Homeless During Inclement Winter Weather").

Consistent with New York State Regulation 18 NYCRR § 304.1, the threshold for calling a Code Blue for DHS has been revised, and the required actions reflect the regulation's direction to offer shelter to all individuals "reasonably believed to be homeless and unwilling or unable to find the shelter necessary for safety and health in inclement winter weather" (*Id.*).

DSS Emergency Management (EM), with input and guidance from NYC Emergency Management NYCEM), determines when Code Blue triggers are met based on temperatures reaching 32<sup>0</sup> Fahrenheit (F) or below, including wind-chill, between the hours of 4:00 p.m. and 8:00 a.m.

The baseline for Code Blue temperature corresponds to the New York State regulation and is also referred to as "inclement winter weather." Code Blue will be determined daily to define which hours require enhanced outreach, in addition to continuous street outreach, so as to:

- address the needs of vulnerable people living on the streets who are "reasonably believed to be homeless and unwilling or unable to find the shelter necessary for safety and health in inclement winter weather" during a Code Blue by requiring expanded outreach frequency between the hours of 8:00 p.m. and 8:00 a.m. or by requiring enhanced outreach services as described below, which may direct and offer to move such individuals to the appropriate shelter facility; and
- provide shelter to individuals "reasonably believed to be homeless and unwilling or unable to find the shelter necessary for safety and health in inclement winter weather" in accordance with New York State regulations and administrative directives.

#### II. CODE BLUE ALERT NOTIFICATION PROCESS

DSS EM will issue a Code Blue alert when temperatures reach 32° F or below, including wind-chill, between the hours of 4:00 pm and 8:00 am. This will be done in coordination with New York City Emergency Management (NYCEM). DSS EM will issue the official Code Blue alert to all stakeholders.

The following steps will take place for activating and coordinating Code Blue:

- DSS EM will issue the official Code Blue activation by emailing
   (<u>DSSemergency@dss.nyc.gov</u>) the Code Alert distribution list, no later than 12
   p.m. on the day of the activation. Email notifications will include "NYC DHS
   CODE BLUE OUTREACH NOTIFICATION" in the subject line.
- 2. DSS will enter the alert in CARES to notify all facility operators.
- 3. DSS External Affairs Unit will post the Code Blue alert to the DHS website and DHS social media.

#### III. ENHANCED OUTREACH NOTIFICATION PROCESS

When a Code Blue alert is called, and when the following Winter Weather Emergency conditions are forecasted, DSS EM will send notification for enhanced outreach through the same Code Blue alert process outlined above.

A Winter Weather Emergency will be called under any of the following conditions:

- 1. National Weather Service (NWS) predicts steady or consistent precipitation between the hours of 4:00 p.m. and 8:00 a.m.; or
- 2. Snowfall is more than six (6) inches; or
- 3. Temperatures are below 15<sup>0</sup> F for a 48-hour period; or
- 4. Wind-chills are below 00 F; or
- 5. There are sustained winds of more than 40 miles per hour; or
- 6. There are ice storms or freezing rain.

The notification steps will be the same as above with the following exceptions:

- Email notifications will have "NYC DHS CODE BLUE OUTREACH NOTIFICATION WITH ENHANCED OUTREACH" in the subject line.
- The notification itself will state the criteria being met for enhanced outreach (e.g., "NWS anticipates wind chills this evening below zero degrees, meeting Code Blue with Enhanced Outreach criteria.")

The presence of a Winter Weather Emergency entails enhanced outreach services, as described below.

LATE CODE BLUE NOTIFICATIONS – Due to the unpredictable nature of weather, it is not always possible to send notifications by the 12 p.m. deadline. To comply with legal obligations, any forecast changes received after 12 p.m. will be distributed to the Code Alert group as soon as possible.

#### IV. OUTREACH OPERATIONS ROLE

State regulation requires that local social services districts work with police agencies, including the New York State Police, and state agencies to take all necessary steps to identify individuals "reasonably believed to be homeless and unwilling or unable to find the shelter necessary for safety and health in inclement winter weather" and to direct and offer to move such individuals to the appropriate sheltered facilities. This requirement is based on the State's recognition that inclement winter weather presents a threat to the life, health, and safety of people experiencing homelessness.

In the same spirit and based on the goal of the State regulation, DHS' critical death prevention work occurs throughout the year with targeted placement of clients who are street homeless and are the most chronic and vulnerable clients into housing and includes implementation of an enhanced plan three (3) months prior to the winter months.

## **DHS Street Outreach during Code Blue and Winter Weather Emergencies**

Regardless of the presence of a Code Blue or Winter Weather Emergency Alert, DHS Street Outreach teams operate throughout the day and night canvassing and engaging with individuals who are street homeless and unsheltered. During a Code Blue or Winter Weather Emergency Alert, the following describes the required expanded and enhanced services DHS Street Outreach teams provide:

- 1. Contacting individuals on their Code Blue Priority Lists at least once every four (4) hours beginning at 8:00 p.m. during Code Blue Alerts, and once every two (2) hours beginning at 8:00 p.m. for Enhanced Code Blue Alerts, to encourage them to accept transport to a safe place. This expanded and enhanced outreach continues from 8:00 p.m. until 8:00 a.m.
- 2. Offering any available NYCEM resources to clients during a Winter Weather Emergency Alert.
- 3. Collaborating with agency partners, which includes calling the NYPD Homeless Outreach Unit (HOU) and/or Parks Enforcement Patrol (PEP) for assistance in secluded or dangerous areas.
- 4. Identifying and monitoring clients who are at risk during cold weather.
- 5. Assisting clients who are at risk to voluntarily come indoors to heated facilities or warming centers.
- 6. Calling 911 to request NYPD and EMS assistance for individuals with a medical or psychiatric emergency in need of transport to an emergency room.
- 7. Calling NYPD HOU for help with clients who are at risk, decline to come indoors, but do not meet the requirements of NYS Mental Hygiene Law, section 9.58, or EMS threshold for involuntary transport. If outreach is unsuccessful in affecting a section 9.58 removal to a hospital and the Outreach teams have fully utilized their organizational chain of command including Shift Supervisor, Program Director, and the lead medical professional/Agency Medical Director for the organization they may call the DHS Office of the Medical Director for support.
- 8. Arranging for the involuntary transport to a hospital emergency department for clients who are at risk and meet the NYS Mental Hygiene Law, section 9.58 criteria. If Outreach is unsuccessful in effecting a section 9.58 removal to a hospital and the Outreach teams have fully utilized their organizational chain of command including shift supervisor, program director, and the lead medical professional/Agency medical director for the organization they may call the DHS Office of the Medical Director for support, in particular if admission to a hospital seems necessary and the hospital is not inclined to admit the patient.

## **DHS Street Outreach Teams' Administrative Role**

In addition to the enhanced services offered to clients during a Code Blue/Winter Weather Emergency Alert, DHS Street Outreach teams are responsible for the following:

- Creating and submitting to DHS SHS a 24-hour coverage plan with adequate staff coverage, taking into account the coldest, most severe part of the day (usually overnight);
- 2. Operating vans on the overnight shift in each borough;
- 3. Submitting to DHS SHS Code Blue Recording Indicator numbers by 9:00 a.m. each morning. Recording indicators, established at the beginning of the winter, are listed in Appendix

# V. DROP-IN CENTERS, ADULT AND FAMILY SHELTERS, EMERGENCY DEPARTMENTS, AND INTERAGENCY COLLABORATORS' ROLE

During a Code Blue/Winter Weather Emergency Alert, DHS-operated or contracted Drop-In Centers and Shelters shall implement the following additional services and/or standards:

## 1. DHS Drop-In Centers

During a Code Blue Alert, Drop-In Centers are required to accept all clients within fire safety and health code regulations. All efforts will be made to keep clients at the Drop-In Centers where they entered. If a Drop-In Center cannot accommodate an individual who enters the facility during a Code Blue because of health and safety regulations, the Drop-In Center will identify an alternative location, such as a shelter, a warming center, or another Drop-In Center and will help coordinate transportation.

# 2. <u>DHS Adult Shelters, Family Shelters and Street Homeless Solutions Safe</u> Havens

- A. Clients currently in shelter:
  - i. Shelters shall not suspend or discharge any clients via sanction (see 18 NYCRR 352.35) during any Code Blue Alert period.
  - ii. Any clients whose shelter has been temporarily discontinued through a sanction (see 18 NYCRR 352.35) may return to shelter during any Code Blue Alert period.
  - iii. In accordance with prior directives, clients found ineligible for shelter because they are not reasonably believed to be homeless pursuant to New York State regulations and administrative directives and served with 4002 notices do not need to exit shelter until the morning following service of such 4002 notice. In addition, previously scheduled conferences will be delayed until the Code Blue alert is lifted.
  - iv. In accordance with prior directives about providing daytime programming, no shelter shall require any client in receipt of temporary

housing assistance to leave shelter during daytime hours. Recreational space, waiting rooms, and other common areas may be offered to clients if dorm rooms require cleaning. If space in common areas is too limited to accommodate the residents remaining in shelter during the day, shelters should permit clients to remain in the dorm rooms.

- B. Clients returning to shelter: In accordance with New York State Regulation 18 NYCRR § 304.1, during Winter Weather Emergency periods, as described in Section III above, single adult shelter clients may access any shelter to seek a shelter bed. At all other times, single adult shelter clients who already have a shelter assignment must return to their official shelter. Upon arrival to such shelter, staff will check in with Vacancy Control to determine if a vacancy exists and, if so, the client will be given a bed. If no bed is available, the client will be given the option to remain at the shelter or to be transferred to another shelter for another bed assignment.
- C. Outreach and/or new walk-in clients to shelter/Safe Haven: Shelters/Safe Havens will make beds available to accommodate individuals brought in by DHS Street Outreach teams or who walk in on their own. All such individuals will be engaged by shelter/Safe Haven caseworkers the following morning, in an effort to encourage them to stay indoors and access services. If a bed is not available in a Safe Haven, a client may remain in a designated area within the facility.
- D. <u>All clients</u>: Shelters will use available space to store clients' belongings overnight.
- E. In the event of a Priority One incident, requiring a need for safety transfer, the client will be transferred immediately at the end of the current Code Blue event (unless an extreme case exists for an immediate transfer)

## 3. <u>Hospital Emergency Departments</u>

The DHS Medical Director's Office will release an annual letter to NYC Health & Hospitals and the Greater New York Hospital Association to request their cooperation (Appendix III) during Code Blue/Winter Weather Emergency Alerts. Hospitals will allow individuals who are street homeless, brought in by outreach, or who walk in on their own to stay in emergency department waiting rooms (or other areas as designated by the particular institution), as much as possible, without being registered, unless they present with a medical need or ask to be seen by a medical provider.

## 4. Interagency Collaboration

DHS shall coordinate with the following NYC agencies to identify and report individuals who are homeless and at risk, and involuntary removals, when appropriate:

NYPD Homeless Outreach Unit (HOU) and/or Parks Enforcement Patrol (PEP)	MTA – NYC Transit
Department of Sanitation, NYC	Port Authority OEM
Fire Department, NYC	

DHS shall also inform its Encampment Agency partners of a Code Blue Alert:

NYC Department of Sanitation	Department of Buildings
NYC Parks Department	Department of Transportation
NYC Department of	
Education	

## 311 Service Requests - How does the 311 process change during Code Blue?

- Homeless Person Assistance service requests become "Homeless Person in Need of Immediate Attention" service <u>inquiries</u> during Code Blue.
- 311 phone calls are routed directly to 911. If any member of the public attempts to make a Homeless Person Assistance service request via the 311 call center during Code Blue, the call taker explains the following:
  - o 911 accepts reports of homeless people who are:
  - Outside during weather emergencies
  - o Creating a hazard, such as blocking a sidewalk or ATM
  - Outstretched or sleeping in a subway, on the tracks, or in another Transit District area
  - Creating a danger to themselves or others
- The 311 mobile app does not allow users to submit requests; instead, users are prompted to call 911 to request assistance for a person experiencing homelessness with the following message, "Extreme cold weather activates a Code Blue period from 4 pm to 8 am. During this time, 311 Street Homeless Service Requests are routed directly to 911"
- Any 311/911 concerns during a Cold Weather event, should be directed to NYPD's Homeless Outreach Unit, 212-358-8270.

#### VI. CODE BLUE PLANNING

During the non-winter months, DSS & DHS engage in Code Blue Planning to prepare for the subsequent winter season, as follows:

## **DSS Emergency Management's Role**

- 1. Reviews and revises the Code Blue procedure as needed.
- 2. Solicits support of NYPD in the process.
- 3. Requests training from DOHMH on NYS Mental Hygiene Law, section 9.58 removals.
- 4. Initiates a conference call to Emergency Management Leaders to facilitate procedure maintenance, identifies the process for approval, walks through the Winter Weather Season, and provides updates to the group.
- 5. Maintains the Code Alert Distribution List. Any individuals that would like to receive Code Blue Notifications must email the DSS Emergency Management mailbox.
- 6. Shares procedure with NYC Emergency Management at the start of the Code Blue season for situational awareness.

## **DHS Street Homeless Solutions Unit's Role**

During the first week in November each year, the DHS SHS and Medical Director's Office, together with the DSS OPPM and OLA shall review the Code Blue Procedure. When the Code Blue Procedure is finalized and approved, DHS SHS will:

- 1. Review the procedure with outreach team directors and discuss winter preparedness. Training(s) may be offered on identification and assessment of at-risk clients and resources.
- 2. Facilitate conference calls with outreach teams to identify areas of collaboration and/or the need for more support.
- 3. Notify outreach teams when Code Blue with enhanced outreach is implemented.
- 4. Coordinate with other Agencies. DHS reviews the Code Blue procedure with partner agencies, such as the NYPD, DSNY, and the Parks Department, and solicits their help with encouraging individuals to come inside during Code Blue events.

The DHS-contracted outreach teams conduct the following prevention planning:

- 1. Coordinate Code Blue efforts directly with agencies, such as the NYPD, DSNY, and the Parks Department, at a borough level.
- 2. Develop a Code Blue Priority List in October.
  - a. The Code Blue Priority list may be updated throughout the winter when other at-risk clients are identified.

Effective Immediately

## Appendix I

#### Contact Information for DHS Outreach Teams

Bronx Outreach BronxWorks 24-hour number: 718- 893-3606

Director: Juan Rivera <u>irivera@bronxworks.org</u>

Brooklyn/Queens Street to Home Breaking Ground

24-hour number: Brooklyn: Casey Burke 917-753-1837

cburke@breakingground.org

Queens: Cara Ochsenreiter 631-875-4353

cochsenreiter@breakingground.org

Director: Chris Tabellario <a href="mailto:ctabellario@breakingground.org">ctabellario@breakingground.org</a>

Manhattan Outreach Consortium CUCS

24-hour number: 212-222-9806

Director: Erica Strang 212-724-1001 or <a href="mailto:estrang@cucs.org">estrang@cucs.org</a>

Staten Island Project Hospitality 24-hour number: 347-538-2314

Director: Teisha Diallo teisha diallo@projecthospitality.org

MTA Outreach BRC

24-hour number: 212-533-5151 Director: Jose del Toro-Alonso <u>itoro@brc.org</u>

## Appendix II

#### **Code Blue Indicators**

#### **Code Blue Shift Indicators**

Number of Vulnerable Clients on Priority List

Number of Vulnerable Clients Contacted

Total Number of Contacts with Vulnerable Clients

Number of Voluntary Placements to Shelter, Transitional Housing, Drop-In Centers, or Permanent Housing (already housed), and of those, how many involved NYPD assistance

Number of Voluntary Placements to Hospital ERs for Medical Issues, and of those, how many involved NYPD assistance

Number of Voluntary Placements to Hospital ERs or Waiting Rooms for shelter only, and of those, how many involved NYPD assistance

Number of Voluntary Placements to Warming Centers, and of those, how many involved NYPD assistance

Number of Voluntary Placements to Other Warm Spaces

Number of 911 calls

Number of 9.58 removals

Number of EDP Involuntary Removals with NYPD

Number of Subway Teams in the Field

Number of Code Blue Stations (Subway Outreach Only)

Number of Visits to the Code Blue Stations (Subway Outreach Only)

Number of Contacts that the Staten Island Ferry Terminal (Staten Island Only

Important Notes or Significant Information:

## Appendix III

## **Assessing Clients during a Code Blue**

- A. At all times, but especially when the weather is dangerous (extreme cold, rain, snow, etc.), all people living on the street should be assessed using the following Vulnerability Index<sup>1</sup>:
  - More than three (3) hospitalizations or emergency room visits in the last year
  - More than three (3) emergency room visits in the previous three (3) months
  - Aged 60 or older
  - · Cirrhosis of the liver
  - End-stage renal disease
  - History of frostbite, immersion foot, or hypothermia;
  - HIV/AIDS
  - Tri-morbidity: co-occurring psychiatric, substance use disorder, and chronic medical condition

In addition, determine whether or not the following characteristics are present:

- Exposure to the elements:
  - Living conditions (structure or lack thereof)
  - Appropriate dress (layering, and head, hands, and feet covered)
- Open fires, "contained fires", and the risk for carbon monoxide poisoning
- Ability to be logical and goal-directed toward meeting basic needs
- Active signs of hallucinations or gross disorganization
- Alcohol dependence (current)
- Known history of heart disease, diabetes, peripheral vascular disease and/or severe psychiatric illness
- B. Outreach teams should keep the Code Blue Priority List in their vans and at the office to ensure clients are visited in accordance with the operational standards referenced in Code Blue.
- C. Call NYPD/HOU for at-risk individuals who refuse to come indoors and who do not meet the NYS Mental Hygiene Law, section 9.58, or EMS threshold for involuntary transport.
- D. <u>Frostbite Detection Guide to Determine if a Need for Medical Attention</u> Outreach Teams should visit people on the streets and at-risk on a regular basis.

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<sup>&</sup>lt;sup>1</sup> Community Solutions, James J. Connell, 2007. Vulnerability Index.

- 1. To assess for frostbite, here are three (3) questions that **must** be asked when the temperature is below 32° F:
  - a. Have you experienced a pins-and-needles sensation in your fingers, toes, nose, or ears?
  - b. Has your skin on your fingers, toes, nose, or ears turned a shade of white?
  - c. Is the skin on your fingers, toes, nose, or ears softer than usual?
- 2. If the person has answered **YES** to any **ONE** (1) of the questions above, then he/she may be experiencing frostnip. Proceed to next series of questions:
  - a. Have you recently had (in the past day) or do you presently have any blisters on your fingers, toes, nose, or ears?
  - b. Do your fingers, toes, nose, or ears feel numb, waxy, or frozen?
- 3. If the person has answered YES to either ONE (1) of these two questions please assist the client to get indoors (shelter, emergency room, etc.) as he/she is experiencing superficial frostbite and is at high risk for deep frostbite. If the client refuses to go with the team, the team should call 911 and describe the symptoms of incipient frostbite to the dispatcher.
- E. <u>Hypothermia</u> SIGNS AND SYMPTOMS Hypothermia is marked by unusually low body temperature (below 96 F), which is well below the body's normal temperature of 98.6 F. Severe hypothermia can cause irregular heartbeat leading to heart failure and death. Hypothermia usually comes on gradually; often people are not aware that they need medical attention. Symptoms take effect in three (3) stages:
  - 1. *Mild hypothermia:* bouts of shivering; grogginess; muddled thinking
  - 2. **Moderate hypothermia**: violent shivering or shivering which suddenly stops; inability to think and pay attention; slow and shallow breathing; slow or weak pulse
  - 3. **Severe hypothermia**: shivering stops; loss of consciousness; little or no breathing; weak, irregular or non-existent pulse

#### WHAT TO DO:

- CALL 911 for any degree of suspected hypothermia, describe the person's condition to the dispatcher.
- If the affected person is alert and able to swallow, have the person drink a warm, nonalcoholic beverage to help warm the body.
- Move the person out of the cold. Preventing additional heat loss is crucial. If unable to
  move the person out of the cold, shield the person from the cold as best as you can.
- Remove wet clothing and replace it with a dry covering. Cover the person's head. Try
  not to move the person too much. Cut away clothing if necessary.
- Insulate the person's body from the cold ground. Lay the person face-up on a blanket or warm surface.

 Monitor breathing. A person with severe hypothermia may appear unconscious with no apparent signs of pulse or breathing. If the person's breathing has stopped or appears dangerously low or shallow, administer naloxone, if you are a certified Opioid Overdose Responder. If the person is unresponsive, begin CPR, and administer naloxone, if trained.

#### WHAT NOT TO DO:

- **Don't** apply heat to arms and legs or give the person a hot bath. This could force cold blood back toward the heart, lungs and brain causing the core body temperature to drop. This can cause death.
- **Don't** massage or rub the person. People with hypothermia should be handled gently because they are at risk of cardiac arrest.
- **Don't** provide alcoholic beverages. Alcohol lowers the body's ability to retain heat.

#### Appendix IV

## Letter to GNYHA and HHC Hospitals in Advance of Winter Weather



Sleven Banks Germissioner

Joslyn Carter DHS Administrator

Fabienne Laraque, MD, MPH Medical Director

23 Beaver Street New York, NY 10004

212 361 8000 tel 212 361 8001 tty 212 361 7977 fax Date, 2019

Dear Hospital Emergency Department Director:

As we approach the winter, the NYC Department of Homeless Services (DHS) is concerned about the risks that unsheltered New Yorkers experiencing homelessness face during the cold weather months in NYC. Many have chronic conditions that put them at higher risk of cold weather-related injuries and death.

Similar to prior years, DHS will declare a Code Blue Alert under the circumstances described in the attached procedure, and we ask that hospitals allow individuals in need to remain in the hospital ED waiting room or other warm, indoor space while the alert is in effect during the times specified in the procedure and offer a blanket.

If an individual experiencing homelessness presents to your hospital emergency department, please call the DHS Outreach Team. Contacts can be found in Appendix I.

On behalf of all New Yorkers, thank you for your help in assisting individuals experiencing homelessness during cold weather emergencies.

For any questions related to DHS Code Blue please contact: Erin Eisenberg Blaz at eeisenberg@dhs.nvc.gov.

We appreciate your assistance.

Sincerely,

Fabienne Laraque, MD, MPH

Medical Director